

# What do we do in *Life-on-Life* Discipleship at Antioch Waco?

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*There are two main ways we build Life-on-Life Discipleship relationships at Antioch Waco:*

## PEER-TO-PEER DISCIPLESHIP RELATIONSHIPS:

Following the principle laid out in Proverbs 27:17, these groups comprise members in similar stages of life and spiritual maturity who gather to sharpen and strengthen one another as they practice the three basic components of a discipleship relationship. These types of relationships are a core part of our Lifegroup communities.

### Examples of Peer-to-Peer Discipleship Relationships:

In middle school, our students participate in peer-to-peer discipleship groups weekly as a part of our Sunday night service called getReal.

In high school, our students participate in peer-to-peer discipleship groups weekly (called Core Groups) as a part of their Lifegroups.

Lifegroup A meets all together weekly and spends the first hour of Lifegroup eating together, worshiping together and studying the Scriptures from that week's sermon. Then they break into peer-to-peer discipleship groups for the second hour of Lifegroup.

Lifegroup B meets all together weekly and spends time worshiping together, studying Scripture and praying together. They eat lunch on Sundays together after church. Within the Lifegroup community, there are also four discipleship groups that meet at other times during the week based on the group members' schedules.

Lifegroup C has a lot of young children and meets twice a month all together and focuses on worshiping together as families, praying for one another and having fun. Two evenings a month, the moms meet in discipleship groups. The dads meet every Friday morning in discipleship groups.

## MENTORING DISCIPLESHIP RELATIONSHIPS:

Following the example of Paul and Timothy and the admonition to older women to invest in younger women from Titus, we also value and practice discipleship relationships where a more mature believer invests in and mentors younger believers. These relationships are typically seasonal in nature and are usually established organically.

### Mentoring Discipleship Relationship Examples:

Tim leads Antioch Waco's Production Team. As part of leading that team, he started a mentoring group for four other guys who are serving on the Production Team. In addition to serving together, they meet regularly for mentoring.

Eric serves a section leader in our Young Adult Ministry. He is mentored by his Zone Pastor and Eric invests in four Lifegroup leaders, who in turn are investing in men in their Lifegroup.

Helen is a part of our Kingdom Mentoring ministry. Each year, she commits to mentor three younger women who sign up for the program. She has been part of Kingdom Mentoring for six years, and in that time, four of the women she has mentored have become mentors themselves as part of the program.

John has taken his first job in business and wanted help navigating living Kingdom values in his workplace. He connected with Brian, who is a godly older man in the church and has worked in business for years. John asked Brian to mentor him for his first year in business.

In our Kids Ministry, starting in first grade, our kids break into discipleship groups led by an Antioch Kids leader as part of our Sunday morning experience. Weekly, they pursue the basics of Life-on-Life Discipleship in age-appropriate ways.

Sarah is a junior in college. There are three freshman girls in her sorority who are new in their faith and hungry to grow. In addition to being part of Lifegroup with them, Sarah is meeting with those girls outside of Lifegroup each week to mentor them. In the fall, Sarah plans to partner with these girls to mentor new believers in their sorority.

Donny and Meredith have a passion to help younger married couples start their marriage on a strong foundation. Along with two other couples, they invited a handful of newly married couples to be in Lifegroup together. As part of Lifegroup, they break into discipleship groups and mentor the younger couples.